

# The University of Jordan Accreditation & Quality Assurance Center

# **COURSE Syllabus**

1	Course title	Parapharmaceuticals		
2	Course number	1213552		
3	Credit hours (theory, practical)	2 theoretical hours		
3	Contact hours (theory, practical)	2 theoretical hours		
4	Prerequisites/corequisites	1203364		
5	Program title	Pharmacy and PharmD		
6	Program code			
7	Awarding institution	The University of Jordan		
8	Faculty	Pharmacy		
9	Department	Biopharmaceutics & Clinical Pharmacy		
10	Level of course	Undergraduate		
11	Year of study and semester (s)	Second semester		
12	Final Qualification	PharmD		
13	Other department (s) involved in teaching the course	NA		
14	Language of Instruction	English		
15	Teaching methodology	□Blended ⊠Online		
16	Electronic platform(s)	⊠Moodle ⊠Microsoft Teams □Skype □Zoom □Others		
15	Date of production/revision	12/Jul/2021		

# 16. Course Coordinator:

Office numbers, Electronic hours, phone numbers, and email addresses should be listed.						
Coordinator/ Lecturer	Rimal Mousa	Office Number	109	Office phone	23373	
Office hours	Monday, 1-2	Course website		E-mail	r.mousa@ju.edu.jo	

# **17. Other instructors**: NA

Office numbers, office hours, phone numbers, and email addresses should be listed.	

### 18. Course Description:

As stated in the approved study plan.

Parapharmaceuticals is an elective course spans a wide range of "non-drug products" such as vitamins and minerals, smoking cessation aids, hair loss and others to dissipate all the misconceptions attached to the current practice and public views on the use and selection of these products.

In addition, the course discusses the management of a group of commonly encountered medical conditions and ailments using evidence based approach with emphasis on the role of the community pharmacist.

It aims to enable students to develop communication and clinical decision making skills and to respond appropriately to patients compliments symptoms in pharmacy excluding and/refereeing cases require more specialized medical care.

### 1. 19. Course aims and outcomes:

2.

# A- Aims:

- To increase students' knowledge and understanding of "non-drug products"
- To develop the skills required to provide evidence based advice in responding to enquires pertaining the selection/use of these products.
- To gain the ability to manage a group of commonly encountered medical conditions and ailments, using an evidence based approach

# B- Intended Learning Outcomes (ILOs): Upon successful completion of this course students will be able to ...

### **A. Knowledge and Understanding:** Student is expected to

- A1- Grasp the concept of "non-drug products" available in the pharmacy and how to deal with these products.
- A2-Recognize the differences among the available non-drug products labeled under various brand names in the Jordanian market

### B. Intellectual Analytical and Cognitive Skills: Student is expected to

- B1- Differentiate between rational and irrational use of common pharmaceutical products in community pharmacies.
- B2- Practice clinical judgment regarding the selection of the most appropriate OTC drug after initial evaluation of patient's condition

#### **C. Subject-Specific Skills:** Student is expected to

- C1- Differentiate between circumstances warranting the use of non-drug products and those for which alternative modes of care are indicated.
- C2- Recommend specific non-prescription and/or non-drug products and/or other modes of care to alleviate specific conditions which are not covered in the "OTC course"

# **D. Transferable Key Skills:** Students is expected to

D1- Develop further skills in patient counselling providing the most appropriate pharmaceutical advice D2- Develop further skills in responding to symptoms and patient interviewing. This would enhance the student ability to obtain correct and comprehensive information from the patient.

# 20. Topic Outline and Schedule:

1.					
Topic	Lecture number	Teaching Methods*/platform	Evaluation method		
Infant Formula Products /DR. Rimal	1-4	Microsoft Teams, models, recorded lectures and class note	Quiz, class discussion		
Corns and calluses /Dr. Rimal	1	Microsoft Teams, models, recorded lectures and class note	Quiz, class discussion		
Management of insect bites and stings/Dr.Rimal	1	Microsoft Teams, models, recorded lectures and class note	Quiz, class discussion		
Dandruff /Dr. Rimal	1	Microsoft Teams, models, recorded lectures and class note	Quiz, class discussion		
Responding to common paediatrics complains in pharmacy Nappy Rash/Dr. Rimal	2	Microsoft Teams, models, recorded lectures and class note	Quiz, class discussion		
Burns and sunburns/ DR. Rimal	2	Microsoft Teams, models, recorded lectures and class note	Quiz, class discussion		
Oral pain and discomfort /Dr. Rimal	2	Microsoft Teams, models, recorded lectures and class note	Quiz, class discussion		
Oral contraceptives/Dr.Rimal	2	Microsoft Teams, models, recorded lectures and class note	Quiz, class discussion		
Responding to common unique female patient complains in pharmacy vulvovaginal candidiasis Period pain/ Dr. Rimal	2	Microsoft Teams, models, recorded lectures and class note	Quiz, class discussion		
Atopic dermatitis and choosing topical corticosteroids/ Dr. Rana abu dahab	2	Microsoft Teams, models, recorded lectures and class note	Quiz, class discussion		
Ophthalmic product/ Dr. Rana abu dahab	2	Microsoft Teams, models, recorded lectures and class note	Quiz, class discussion		
Otic product/ Dr. Rana abu dahab	2	Microsoft Teams, models, recorded lectures and class note	Quiz, class discussion		
Smoking cessation aids/ Dr. Rana abu dahab	2	Microsoft Teams, models, recorded lectures and class note	Quiz, class discussion		

- Teaching methods include: Synchronous lecturing/meeting; Asynchronous lecturing/meeting
- Evaluation methods include: Homework, Quiz, Exam, pre-lab quiz...etc

### 21. Teaching Methods and Assignments:

# Development of ILOs is promoted through the following <u>teaching</u> and <u>learning</u> <u>methods</u>:

Course Syllabus

Learning Methods	Evaluation Methods
Lectures	Exams, Quizzes
Assignment	Patient education material
Role plays and class discussions	Exams, Quizzes
Visiting lecturers and practitioners from real practice	
Watching videos	

Learning skills:
Critical thinking
Digital literacy
Problem-solving skills
Self-directed learning
Team and group working

### 22. Evaluation Methods and Course Requirements:

Opportunities to demonstrate achievement of the ILOs are provided through the following assessment methods and requirements:

**Exams** 

**Quizzes** 

Students reports on assignments

Course Requirements (e.g. students should have a computer, internet connection, webcam, account on a specific software/platform...etc):

#### **Group project**

Students in group of 4-5 will be asked to prepare a brochure . This will be assigned 10 marks. Details will be announced in the first week and submission day and date

Quiz

A preannounced quiz will be held out of 10 marks. The material will be announced and the time and date.

#### 23. Course Policies:

		4 4					•	
Δ.	Δ 1	tten	เปลา	CO	no	111	C1 A	·c·
<b>₽</b>	$\boldsymbol{\Gamma}$		uai	ıcc	νv	ш	$\boldsymbol{\omega}$	∞.

### Virtual meeting on the scheduled lectures (12:15-1:15) from Sunday to Wednesday

Course Syllabus

Attendance: Mandatory.

First warning – with 4 absences

Last warning – with 5 absences

Failing in the subject – with 6 absences

### B- Absences from exams and handing in assignments on time:

Will result in zero achievement unless health report or other significant excuse is documented.

# C- Health and safety procedures:

NA

### D- Honesty policy regarding cheating, plagiarism, misbehaviour:

The participation, the commitment of cheating will lead to applying all following penalties together

- 1) Failing the subject he/she cheated at
- 2) Failing the other subjects taken in the same course
- 3) Not allowed to register for the next semester. The summer semester is not considered as a semester:

# **E- Grading policy:**

Exams and Ouizzes.

Mid Exam:30 pointsQuizzes:10 pointsAssignment10 pointsFinal Exam:50 pointsTotal100 points

### F- Available university services that support achievement in the course:

Platform, internet classes

## 24. Required equipment:

Data-show and internet connection

### 25. References:

### A- Required book (s), assigned reading and audio-visuals:

1. Community Pharmacy: Symptoms, Diagnosis and Treatment, Paul Rutter 3<sup>rd</sup> edition. **ISBN**: 9780702050183

- American Pharmacist Association (APA). Handbook of nonprescription drugs, 17th edition. Washington D.C: American Pharmaceutical Association, 2012. ISBN-13: 978-1582121604
- 3. Blinkinsopp et al. Symptoms in Pharmacy; A guide to the management of common illness. Wiley-Blackwell Press. 6th edition, 2009. **ISBN**: 978-1-118-66173-4
- 4. Leon Shargel and Alan Mutnick. Comprehensive Pharmacy Review. Lippincott Williams & Wilkins. 7th Edition 2009. **ISBN**-13: 978-1582557113
- 5. Alan Nathan. Non-Prescription Medicines. Pharmaceutical Press, UK. Fourth Edition, 2010. **ISBN**-13: 978-0853698869
- 6. Edwards C, Stillman P. Minor Illness or Major Disease? The clinical pharmacy in the community. 5th ed. London. Pharmaceutical Press. 2012. **ISBN** 978 0 85369 961 3
- 7. Choosing Topical CorticosteroidsAm Fam Physician. 2009;79(2):135-140.
- 8. Clinical Practice Guideline: Treating Tobacco Use and Dependence: 2008 Update. U.S. Department of Health and Human Services.
- 9. Smoking Cessation Drug Therapy: An Update. Pharmacist's Letter 2011;27(1):270111.
- 10. Pharmacotherapy for smoking cessation in adults: UPTODATE 2015
- 11. American academy of pediatrics, clinical report on head lice, 2010, updated 2015

B- Recommended books, materials, and media:
1. eMedicine disease centers.
2. Selected research articles will be handed out to students.
3. Access Pharmacy drug monographs (http://accesspharmacy.com)

26. Additional information:	
Name of Course Coordinator: -Rimal MousaSignature:	Date: 12/06/2021
Head of curriculum committee/Department: Signature:	
Head of Department: Signature:	
Head of curriculum committee/Faculty: Signature:	
Dean:	-
Conv to:	

Copy to: Head of Department

Assistant Dean for Quality Assurance Course File